

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	8	9	3 Hike 7:00 - 5:00 pm	4	5
6	7	Shootin' Pool 12:30—3:30 pm	Mahjongg 6:00—9:00 pm	10 Denver Zoo 9:30 - 3:00 pm	11 Mahjongg 12:30—4:00 pm	12
13	14	Shootin' Pool 12:30—3:30 pm	Mahjongg 6:00—9:00 pm	17	18 Mahjongg 12:30—4:00 pm	19
20	21 Grocery Bingo! 12:00 p.m.	Shootin' Pool 12:30—3:30 pm	Mahjongg 6:00—9:00 pm	24 Georgetown Railroad 8:00 - 6:00 pm	25 Mahjongg 12:30—4:00 pm	26
27	28	Shootin' Pool 12:30—3:30 pm	Mahjongg 6:00—9:00 pm	31		



Mon-Fri ~ Friendly Fork Café Lunch (Curbside Pickup): Current COVID-19 protocols make socializing and eating out a challenge, but the Friendly Fork Café Lunch is still operating with curbside pickup! Park on the east side of the Windsor Rec Center as you wait for the meal to be delivered to you in your car! Sponsored by the Weld County Area Agency on Aging, the Friendly Fork Café lunch provides a well-balanced meal at a great price. Reservations are required by 9 a.m. the prior business day. Call 970-674-3500 to make your reservation or for more information.
Time: Mondays - Fridays, 11 a.m. - 11:30 a.m.
Cost: Ages 60+: \$4 (suggested donation); Ages 59 and Under: \$12

Jay's Bingo Emporium
 Calling all Bingo nuts! Play Bingo (inside at the CRC) on the third Monday of each month at noon in the Cedar or Spruce Room. Try your luck at winning one of several gift cards sponsored by Bank of Colorado and the Town of Windsor. Please wear a mask if not vaccinated. No registration required... just show up!
Time: Third Monday of the month, 12:00 - 1:30 p.m.
Cost: Free

Thu Jun 3 ~ Day Trip / Gambling' Bus (Black Hawk): Gamblers will receive \$10 free play on player's card. There must be a minimum of 15 people registered for motor-coach service. Special offers, coupons and discounts may not apply on all trips to Mardi Gras Casino, this bus is NOT wheelchair accessible. (Walking Level: Easy—Moderate). **NOTE: Masks required on the bus and in the casino.** This is a co-op trip with Milliken. Windsor pickup time is 8:30am at Windsor Rec Center. Depart time from casino is 3pm.
Time: 8:30 a.m. - 5 p.m.
Cost: \$25

Thu Jun 3 ~ Hiking Trip / Long Lake & Pawnee Pass Trail (Indian Peaks Wilderness): Stay fit by exploring the great outdoors. Hikes will be easy to moderate in length and difficulty. Destinations include Rocky Mountain National Park, Poudre Canyon and the Horsetooth area. Bring snacks, a sack lunch, water bottle, rain jacket, sunscreen and money for entrance into the park (or bring your park pass). For more information,

call 970-674-3515. 3.6 mi, 294' elevation gain, Easy Hiking Rating. **NOTE:** Please wear a mask on the bus if not vaccinated. Be prepared to follow local mask protocols at the venue
Time: 7 a.m., depart from Rec Center
Cost: \$15, pack your own snacks/lunch

Thu Jun 10 ~ Day Trip / Zoo (Denver): Join us on a Denver Zoo safari and see why the Denver Zoo is considered a leader among its peers in design and planning for the future. The Denver Zoo have affirmed its place as a leader in exhibit design and visitor experience. The rotational exhibit concept introduced in Predator Ridge has been mimicked in exhibits all over the world, and was improved upon for Toyota Elephant Passage. This concept allows different species to be seen in the exhibits at different times by rotating animals through multiple habitats. **NOTE:** Please wear a mask on the bus if not vaccinated. Be prepared to follow local mask protocols at the venue (Walking Level: Moderate).
Time: 9:30 a.m. - 3:00 p.m.
Cost: \$43, lunch on your own

Thu Jun 10 ~ Day Trip / Georgetown Loop Railroad (Georgetown): In 1973, the Colorado Historical Society began restoring the railroad and the 978-acre Georgetown Loop Historic Mining and Railroad Park. On this tour, not only will you ride the historic narrow-gauge loop railroad in one of the open-air cars, but you will also take a walking tour of the Lebanon Silver Mine, located at the halfway point on the railroad. The mine tour takes you 500 feet into a tunnel bored in the 1870s. The temperature inside the mine is a constant 44° F, so bring a jacket. It's important to note that the mine tour requires walking a long distance on uneven surfaces and low headroom, so keep that in mind! The driver will plan a quick stop for a late lunch, on your own, on the return ride home. Feel free to bring some snacks if you are prone to getting hungry. **NOTE:** Please wear a mask on the bus if not vaccinated. Be prepared to follow local mask protocols at the venue. (Walking Level: Moderate).
Time: 8:00 a.m. - 6:00 p.m.
Cost: \$89, lunch on your own



*Contains nuts		
Friendly Fork Daily Menu		
June 2021		
Day	Date	Meal
Tuesday	1	Holiday - No meals
Wednesday	2	Braised Beef Ragout, Rotini, Spinach-Garbanzo Salad with Italian Dressing, Orange-Banana-Pineapple Salad, Milk 1%
Thursday	3	Navy Bean Soup, Wheat Crackers, 1/2 Chicken Salad Sandwich on Wheat, Autumn Apple Coleslaw, Banana, Milk 1%
Friday	4	BBQ Pork Spareribs, Corn on the Cob, Butter, Baked Beans, Creamy Coleslaw, Milk 1%
Monday	7	Fried Chicken Thighs, Roasted Potatoes, Broccoli-Carrots-Cauliflower, Pumpkin Roll, Butter, Jicama-Watermelon, Apple Wedges, Milk 1%
Tuesday	8	Hamburger on Bun, Ketchup, Mustard, Lettuce, Tomato, Onion, Creamy Potato Salad, 3 Bean Salad, Orange Wedges, Milk 1%
Wednesday	9	Sloppy Joe on Bun, Italian Rotini Salad. Glazed Carrots, Fresh Pineapple-Strawberries, Milk 1%
Thursday	10	White Fish with Citrus-Tomatillo Salsa, Lemon Wedge, Tartar Sauce, Roasted Red Potatoes, Butter, Lemon Broccoli, Mixed Fruit, Crunchy Fruit Snack, Milk 1%
Friday	11	Breaded Lemon Dijon Chicken, Gravy, Creamy Rice-Mushroom Pilaf*, Peas, Orange-Banana-Pear Salad, Chocolate Chip Cookie, Milk 1%
Monday	14	Meatballs over Rotini Pasta, Coleslaw with Pineapple and Raisins, Wheat Roll, Butter, Watermelon, Milk 1%
Tuesday	15	Salisbury Steak, Garlic Mashed Potatoes, Gravy, Minted Carrots, Wheat Roll, Butter, Orange-Apple-Banana Salad, Milk 1%
Wednesday	16	Crispy Fish Sandwich on Wheat Bun, Tartar Sauce, Roasted Red Potatoes, Creamy Coleslaw, Melon Salad, Blueberry Crisp, Milk 1%
Thursday	17	Chicken Fajita on Wheat Tortilla, Pico De Gallo, Sour Cream, Spanish Rice, Refried Beans, Pineapple-Orange-Banana-Grape Salad, Oat-meal Raisin Cookie, Milk 1%

*Contains nuts		
Friendly Fork Daily Menu		
June 2021		
Day	Date	Meal
Friday	18	Roast Beef, Gravy, Mashed Potatoes, Gravy, Green Beans with Red Peppers, Wheat Biscuit, Butter, Cantaloupe, Milk 1%
Monday	21	Roast Turkey, Gravy, Mashed Potatoes with Garlic, Gravy, California Blend, Cranberry-Pear Slaw, Dill Roll, Butter, Milk 1%
Tuesday	22	Chicken Breast on Wheat Bun, Tomato/Lettuce Slice, Caesar Salad, Spicy Watermelon Salad, Mayonnaise, Nut Cup*, Rocky Road Pudding*, Milk 1%
Wednesday	23	Vegetable Soup, Egg Salad on Flat Bread, Lettuce, Tomato, Apple Waldorf Salad*, Cantaloupe, Fruit and Nut Cup*, Milk 1%
Thursday	24	Chilled Seafood-Pasta Salad, Wheat Crackers, Cucumber Salad, Orange Wedges, Cherry Crisp, Milk 1%
Friday	25	Beef Goulash, Pea Salad, Wheat Roll, Butter, Melon Mix, Milk 1%
Monday	28	Chicken Ala King, Biscuit, 3 Bean Salad, Spinach Beet Salad, Red Grapes, Milk 1%
Tuesday	29	Meat Sauce over Spaghetti, Summer Vegetable Medley, Apple Wedges, Chocolate Brownie, Milk 1%
Wednesday	30	Braised Beef Tips, Mashed Potatoes, Broccoli, Wheat Biscuit, Butter, Watermelon, Milk 1%



Need to order or cancel?

Please call the Windsor Recreation Center Front Desk by 10am one business day prior to the meal day. (970) 674-3500